

A Nice Ribbed Sock

*A sock pattern
by Glenna C*



Materials

- Blue Moon Fiber Arts 'Socks That Rock' lightweight, [100% superwash wool, 360 yds/329m per 4.5oz/127g skein] 1 skein
- *OR 350 yds fingering weight superwash wool or wool/nylon blend yarn appropriate for socks*
- 2.5mm/US #1.5 double-pointed needles (DPNs), OR needle size appropriate to obtain gauge
- tapestry needle

Sizing

- One size, to comfortably fit foot circumference 8-9 ins around
- *Size may be modified by changing # of cast-on sts by multiple of 4*

Gauge

- 32 sts/36 rows over 4 ins in stockinette stitch on 2.5mm/US #1.5 needles, OR needle size required for gauge

Pattern (Make 2)

Cuff:

CO 64 sts. Join sts to work in the round, being careful not to twist, and divide sts evenly across needles.

First round: K1, p1; Repeat to end of round.

Repeat this round 11 more times.

Leg:

Next round: K3, p1; Repeat to end of round.

Repeat this round until sock measures 5 ins from beg, or to desired length before beginning heel.

Heel:

This is a flap heel worked over half the total sts of the sock. Arrange sts so that the first needle has 32 sts. These sts will be used to work the heel flap, the rest will be left aside until later, divided across Needles 2 and 3. Proceed as follows over 32 sts on Needle 1:

Row 1: Sl1 (slip one stitch purlwise), k1. Repeat [sl1, k1] to end of needle.

Row 2: Sl1, p to end of needle.

Repeat these last 2 rows a total of 16 times.

Next, turn the heel:

Row 1 (RS): K 19 sts, ssk, k1. Turn.

Row 2 (WS): Sl1, p7, p2tog, p1. Turn.

Row 3 (RS): Sl1, k8, ssk, k1, Turn.

Row 4 (WS): Sl1, p9, p2tog, p1. Turn.

Row 5 (RS): Sl1, k10, ssk, k1. Turn.

Row 6 (WS): Sl1, p11, p2tog, p1. Turn.

Continue turning and decreasing in this manner (one stitch decreased knitwise on every RS row, and purlwise on every WS row) until all sts have been worked. Final RS decrease row will end with a ssk, and final WS decrease row will end with a p2tog. 18, sts rem on heel.



Gussets:

Needle 1: K 18 sts from heel, then pick up and knit 18 sts on right side of heel flap.

Needle 2: Transfer the last st from Needle 1 onto the beginning of Needle 2. This stitch will be worked purlwise from now on. Work next 32 sts in ribbing pattern as established.

Needle 3: pick up and knit 17 sts along left side of heel flap. Then, knit the first 9 sts from Needle 1.

Sts are now arranged as follows: 26 sts on Needle 1 and on Needle 3, 33 sts on Needle 2.

Work gusset decreases as follows:

Round 1

Needle 1: K to 3 sts before end of needle, k2tog, k1.

Needle 2: Work all sts in ribbing pattern as established.

Needle 3: K1, ssk, k to end of needle.

Round 2

Needle 1: K all sts

Needle 2: Work all sts in ribbing pattern as established.

Needle 3: K all sts.

Repeat these last 2 rounds until there are 16 sts rem on Needle 1 and on Needle 3. (65 sts rem in total).

Glossary

beg	beginning
BO	bind off (cast off)
CO	cast on
k	knit
k2tog	knit 2 sts together
p	purl
rem	remain(ing)
RS	right side (side of work facing out when worn)
st(s)	stitch(es)
WS	wrong side (side of work facing towards body when worn)

Foot

Continue by repeating Round 2 above, working all sts even as they appear, until foot measures 2 ins shorter than desired length.

Next round: K all sts, decreasing 1 st in middle of Needle 2.

Proceed with toe.

Toe

Round 1

Needle 1: K to 3 sts before end of needle, k2tog, k1.

Needle 2: K1, ssk, k to 3 sts before end of needle, k2tog, k1.

Needle 3: K1, ssk, k to end of needle.

Round 2

K all sts on all needles.

Repeat these last 2 rounds until 20 sts rem in total.

BO all sts and sew closed as a horizontal seam, OR use kitchener stitch to graft live sts closed.

Weave in any ends.

NOTE: Size may be easily adjusted by changing needle size (gauge), OR by adjusting number of CO sts by a multiple of 4. This will then change the number of heel flap sts by a multiple of 2, and the number of gusset decrease rows by a multiple of 1.